

Family Support Worker

Helping children, parents and families.



Care is tailored to suit the needs of each child and their family situation. Parents and families are involved in every step along the way.



Our experienced family support worker can assist parents and families to develop skills needed to manage better in everyday situations. We take a holistic approach with parents to develop individualised goals and strategies.

This service is for parents of children aged 0 - 18 years of age who need support with:

- Adjustment to parenthood
- Coping with stressful life events
- Relationship issues, and
- Managing anxiety and depression.

Our family support worker provide the following services:

- Assessment of presenting issues
- Individual counselling
- Stress management
- Client/family education and support
- Advice and information on community resources
- Liaison with other services (i.e. Centrelink, Immigration)
- Advocacy, and
- Referral to other support services if required.



Our fees

We offer subsidised and fee-for-service health care with private health insurance rebates available. The cost of services depends on your income level and we will help you access funding you are eligible for. We support National Disability Insurance Scheme (NDIS) clients.

Ask us how we can help you.

About us

We are a quality, not-for-profit, accredited health and community service providing doctors, dentists, allied health, counselling, alcohol and drug, child and family services and social support programs. We offer services for all ages and work as a team to support you.

Appointments and referrals

Please contact us on:

✉ intake@accesshc.org.au

☎ 03 9810 3000

If you need to reschedule your appointment; please contact us at least 24 hours before.

Non-attendance fees may apply.

Where to find our family support workers for children

For more information on all of our services, sites, parking options and transport:

☎ 03 9810 3000

✉ info@accesshc.org.au

🌐 accesshc.org.au

Ashburton

7 Samarinda Avenue

Ashburton VIC 3147

AccessHC is committed to providing services for our diverse community.