

# Access Occupational Therapy

We have a holistic approach to healthcare and treatment so individuals achieve their goals and accomplish more.



Building healthier lives together with our communities and delivering excellent health services for all.



At Access Health and Community (AccessHC), our Occupational Therapists (OTs) provide a home based service for people who are having difficulties with daily activities.

People may need help due to disability, health problems, or the effects of ageing. Our OTs will provide recommendations with the aim of increasing safety, access and independence.

At AccessHC we take a holistic approach to healthcare and treatment so individuals achieve their goals and accomplish more.

---

## Our OT services

OTs can assist with:

- Advice and education about aids and equipment including:
  - Bathroom aids and equipment
  - Dressing aids
  - Hoists and slings
  - Kitchen aids
  - Personal alarms
  - Pressure care
  - Ramps and rails
  - Scooters
  - Specialised beds and mattresses
  - Specialised seating
  - Vehicle modifications
  - Wheelchairs (manual or power)
- Advice and information about community access, resources, supports and groups
- Education and techniques to manage fatigue
- Education for carers on safe lifting and transferring techniques
- Falls prevention advice
- Home Safety Assessment to provide recommendations for minor and/or major home modifications, and
- Support to apply for funding to assist with modifications and equipment if eligible.



## Our fees

We offer subsidised and fee-for-service health care with private health insurance rebates available. The cost of services depends on your income level and we will help you access funding you are eligible for. We support My Aged Care and National Disability Insurance Scheme (NDIS) clients.

Ask us how we can help you.

## Appointments and Referrals

Please contact us on:

E: [intake@accesshc.org.au](mailto:intake@accesshc.org.au) or T: 03 9810 3000

If you need to reschedule your appointment; please contact us at least 24 hours before.

Non-attendance fees may apply.

## About us

We are a quality, not-for-profit, accredited health and community service providing doctors, dentists, allied health, counselling, alcohol and drug, child and family services and social support programs. We offer services for all ages and work as a team to support you.

## Where to find Occupational Therapy service

Contact us for more information on all of our services, sites, parking options and transport.

☎ 03 9810 3000

✉ [info@accesshc.org.au](mailto:info@accesshc.org.au)

🌐 [accesshc.org.au](http://accesshc.org.au)

### Ashburton

7 Samarinda Avenue  
Ashburton VIC 3147

### Doncaster East

1/1020 Doncaster Road  
Doncaster East VIC 3109

### Hawthorn

378 Burwood Road  
Hawthorn VIC 3122

### Richmond

283 Church Street  
Richmond VIC 3121

---

We are a child safe organisation.

AccessHC is committed to providing services for our diverse community.