

Occupational Therapy for Children

Developing skills and independence.



Care is tailored to suit the needs of each child and their family situation. Parents and families are involved in every step along the way.



Our Occupational Therapists work with your child to help them become more independent and skilled in their daily activities.

We work closely with you to ensure your child's goals are achieved.

This service is for families with children 0-12 years of age, who want support with:

- Physical skills - hopping, skipping, running, coordination, balance, ball skills, fine motor skills
- Self-care - dressing, shoelaces, using a knife/fork, opening lunch boxes, toileting
- Behaviour and sensory issues - cannot sit still, gets overexcited or is hard to calm, hard to concentrate and pay attention, over or under sensitive to touch, noise or movement, giving up easily, avoid messy play
- Play - using play equipment, taking turns, playing with others, restricted range of play interests, pretend play, making friends
- Social skills and self confidence
- Activities in childcare, kinder or school- handwriting, scissor cutting, drawing, concentrating, following instructions, shapes/puzzles/construction, being organised and taking care of belongings, and
- Readiness for school.



Our OTs provide the following services:

- Initial screenings (including team screenings)
- Detailed assessment
- Individual/group therapy programs
- Consultation and advice for families
- Home, kinder and school visits
- Parent education
- Training and advice for service providers – kindergarten teachers, child care staff, maternal and child health nurses, schools, other service providers
- Home programs, and
- Referral to other services if required.

Reports are available on request.

Our fees

We offer subsidised and fee-for-service health care with private health insurance rebates available. The cost of services depends on your income level and we will help you access funding you are eligible for. We support National Disability Insurance Scheme (NDIS) clients.

Ask us how we can help you.

About us

We are a quality, not-for-profit, accredited health and community service providing doctors, dentists, allied health, counselling, alcohol and drug, child and family services and social support programs. We offer services for all ages and work as a team to support you.

Appointments and referrals

Please contact us on:

✉ intake@accesshc.org.au

☎ 03 9810 3000

If you need to reschedule your appointment; please contact us at least 24 hours before.

Non-attendance fees may apply.

Where to find our occupational therapy services for children

For more information on all of our services, sites, parking options and transport:

☎ 03 9810 3000

✉ info@accesshc.org.au

🌐 accesshc.org.au

Ashburton

7 Samarinda Avenue
Ashburton VIC 3147

Lower Templestowe

44 Balmoral Avenue
Lower Templestowe VIC 3107

Richmond

283 Church Street
Richmond VIC 3121

AccessHC is committed to providing services for our diverse community.