

# Physiotherapy for Children

Helping to develop physical abilities.

Care is tailored to suit the needs of each child and their family situation. Parents and families are involved in every step along the way.



Our physiotherapists work with you to meet the physical needs of your child. We take a holistic approach so children and their families achieve their goals and accomplish more.

## **This service is for children and babies 0 - 12 years of age who need support with:**

- Developmental milestones e.g. rolling, crawling, walking, running
- Posture of the body, spine, hips, knees and feet
- Toe-walking
- Balance and Coordination
- Muscle and joint injuries
- Strength and stamina, and
- Babies with a flat spot on their head - this can be due to preferential head turn or tight neck muscles on one side.

## **Our physiotherapists provide the following services:**

- Initial screenings (including team screenings)
- Detailed physical Assessment
- Individual/group therapy programs
- Consultation and advice for families
- Parent education
- Training and advice for service providers - kindergarten teachers, child care staff, maternal and child health nurses, schools
- Home programs, and
- Referral to other services if required.

Reports are available on request.



## Our fees

We offer subsidised and fee-for-service health care with private health insurance rebates available. The cost of services depends on your income level and we will help you access funding you are eligible for. We support National Disability Insurance Scheme (NDIS) clients.

Ask us how we can help you.

## About us

We are a quality, not-for-profit, accredited health and community service providing doctors, dentists, allied health, counselling, alcohol and drug, child and family services and social support programs. We offer services for all ages and work as a team to support you.

## Appointments and referrals

Please contact us on:

✉ [intake@accesshc.org.au](mailto:intake@accesshc.org.au)

☎ 03 9810 3000

If you need to reschedule your appointment; please contact us at least 24 hours before.

Non-attendance fees may apply.

## Where to find our physiotherapy services for children

For more information on all of our services, sites, parking options and transport:

☎ 03 9810 3000

✉ [info@accesshc.org.au](mailto:info@accesshc.org.au)

🌐 [accesshc.org.au](http://accesshc.org.au)

### Ashburton

7 Samarinda Avenue  
Ashburton VIC 3147

### Doncaster

1/1020 Doncaster Road  
Doncaster East VIC 3109

### Lower Templestowe

44 Balmoral Avenue  
Lower Templestowe VIC 3107

AccessHC is committed to providing services for our diverse community.