

Psychology for Children

Supporting children to play, learn, connect and thrive.



Care is tailored to suit the needs of each child and their family situation. Parents and families are involved in every step along the way.



Our psychologists help children and their families work through challenges in a safe and supportive environment. Sessions with young children are often fun and play based. We can provide support and effective strategies for parents.

This service is for children 0 - 12 years of age who need support with:

- Behaviour difficulties – including aggression, non-compliance, sibling conflict, sleep problems
- Managing emotions – including anger, worry or sadness
- Social skills – social interaction difficulties, withdrawing from peers, shyness, conflicts with others, self confidence
- Play skills – including taking turns, sharing, playing with others, pretend play, and
- Learning difficulties.

Our psychologists provide the following services:

- Initial screenings (including team screenings)
- Psychological, cognitive, developmental and/or behavioural assessments
- Child and/or family sessions
- Group programs
- Consultation and advice for families
- Parent education groups
- Training and advice for service providers – kindergarten teachers, child care staff, school staff, maternal and child health nurses, other service providers, and
- Referral to other services if required.

Reports are available on request.



Our fees

We offer subsidised and fee-for-service health care with private health insurance rebates available. The cost of services depends on your income level and we will help you access funding you are eligible for. We support National Disability Insurance Scheme (NDIS) clients.

Ask us how we can help you.

About us

We are a quality, not-for-profit, accredited health and community service providing doctors, dentists, allied health, counselling, alcohol and drug, child and family services and social support programs. We offer services for all ages and work as a team to support you.

Appointments and referrals

Please contact us on:

✉ intake@accesshc.org.au

☎ 03 9810 3000

If you need to reschedule your appointment; please contact us at least 24 hours before.

Non-attendance fees may apply.

Where to find our psychology services for children

For more information on all of our services, sites, parking options and transport:

☎ 03 9810 3000

✉ info@accesshc.org.au

🌐 accesshc.org.au

Hawthorn

378 Burwood Road
Hawthorn VIC 3122

Lower Templestowe

44 Balmoral Avenue
Lower Templestowe VIC 3107

Richmond

283 Church Street
Richmond VIC 3121

AccessHC is committed to providing services for our diverse community.