



Children's week at the Craig

Monday 22nd to
Friday 26th October

Come and join in the fun and learn something along the way.

Drop in and visit one of our many playgroups.

Book you and your child into one or more of the following events.

Learn about:

- Water Safety for children
- Why hearing is so important for my child?
- Introducing Solids
- What to do about Fussy Eating?
- Healthy Smiles – Dental Health
- Preparing for School
- Find out about the NDIS

We also have FREE hearing and FREE Oral screening sessions during the week.



Baby Massage



Story time yoga



Sing Baby Sing



Food Forest

Please drop in and pick up a flier, book in for a session or consult our website for more information.

> accesshc.org.au

Phone bookings can also be made by calling 9810 3000 or alternatively ask your friendly reception staff.

DAY/DATE	AM PLAYGROUPS	AM ACTIVITIES AND EDUCATION SESSIONS	PM ACTIVITIES AND EDUCATION SESSIONS	PM PLAYGROUPS
Monday 22/10	10am-12pm <i>plus Toy Library visit</i>	Baby Massage Session 11.30-12.30pm Learn how to soothe your baby. You may find it relaxing too! Run by a qualified baby massage therapist.	Story Time Yoga 1pm-1.45pm Combines the fun of stories with the benefits of yoga - for preschool aged children. The importance of hearing for my child's development? Talk plus Free Hearing. Screenings for Children. 12-2.00pm: Screening 2.00-2.30pm: Talk 2.45-5.00pm: Screening	-
Tuesday 23/10	Babies only Playgroup 10am-12pm Mandarin Playgroup 10am-12 pm	Healthy Smiles Dental Talk plus Free Oral Health Screening for preschool age children. 10-10.15am: Talk 10.15-11.30am: Screening 11.30-11.45am: Talk 11.45-1.00pm: Screening	Play it Safe in the Water 1.30pm-3.00pm Presentation by the YMCA. For preschool aged children & their parents.	-
Wednesday 24/10	9.30am- 11.30am <i>plus Toy Library visit</i>	Food Forest Activity Come and plant with us! 9.30-11.30am	Introduction to Solids 12.45pm-1.30pm Presentation by a qualified Children's Dietitian. Sing Baby Sing 2pm-2.45 pm Music session for babies. Run by the Library.	-
Thursday 25/10	9am-11pm	Fussy Eating Session 11.30-12.15pm Presentation by a qualified Children's Dietitian	All you need to know about the NDIS? 1.00-2.00pm Presentation by the National Disability Insurance Agency.	Mandarin Playgroup 4pm-5pm
Friday 26/10	9.30am- 11.30am	The importance of hearing for my child's development? Talk plus Free Hearing. Screenings for Children. 9-11.00am: Screening 11-11.30am: Talk 11.30-1.00pm: Screening	Preparing for School 1.00-2.00pm Presentation by a qualified teacher and Occupational therapist. Active Play Space 2.00-3.30pm An obstacle course and games promoting preschool aged children's motor development run by a children's Occupational Therapist.	Mandarin Playgroup 4pm-5pm

Open playgroup sessions during children's week. Drop in, meet the staff and other local families who make up our playgroup community.