



# Children's week at the Greythorn Hub

Monday 22nd to  
Friday 26th October

**Come and join in the fun and learn something along the way.**

**Drop in and visit one of our many playgroups.**

**Book you and your child into one or more of the following events.**

Learn about:

- Water Safety for children
- Why hearing is so important for my child?
- Introducing Solids
- What to do about Fussy Eating?
- Healthy Smiles – Dental Health
- Your Child's First Lunchbox
- Find out about the NDIS

We also have FREE hearing and FREE Oral screening sessions during the week.



Baby Massage



Story time yoga



Sing Baby Sing



Storytime

**Please drop in and pick up a flier, book in for a session or consult our website for more information.**

> [accesshc.org.au](http://accesshc.org.au)

Phone bookings can also be made by calling 9810 3000 or alternatively ask your friendly reception staff.

DAY/DATE	AM ACTIVITIES AND EDUCATION SESSIONS	PM ACTIVITIES AND EDUCATION SESSIONS
<b>Monday 22/10</b>	<p><b>Introduction to Solids</b> Presentation by a qualified Children’s Dietitian 9.30-10.15am</p> <p><b>The importance of hearing for my child’s development?</b> Talk plus Free Hearing. Screening for Children. 9.00-9.30am: Talk   9.30-11.30 am: Screening</p>	-
<b>Tuesday 23/10</b>	<p><b>Family Storytime - farm animal theme</b> Presentation by the library. 10.30-11.30am</p>	<p><b>The importance of hearing for my child’s development?</b> Talk plus Free Hearing. Screening for Children. 12-2.00pm: Screening   2.00-2.30pm: Talk 2.45-5.00pm: Screening</p>
<b>Wednesday 24/10</b>	<p><b>Active Play Space</b> An obstacle course and games promoting preschool aged children’s motor development run by a children’s Occupational Therapist. 9.30-10.30am</p> <p><b>My First School Lunchbox</b> Help to build a healthy school lunch box that your child will enjoy. 10.30-11.15am</p> <p><b>Baby Massage Session</b> Learn how to soothe your baby. You may find it relaxing too! Run by a qualified baby massage therapist 11.30-12.30pm</p>	<p><b>Play it Safe in the Water</b> Presentation by the YMCA. For preschool aged children &amp; their parents. 1.30-3pm</p>
<b>Thursday 25/10</b>	<p><b>Story Time Yoga</b> Combines the fun of stories with the benefits of yoga - for preschool aged children. 9.30-10.15 am</p>	<p><b>Fussy Eating Session</b> Presentation by a qualified Children’s Dietitian. 2.00-2.45pm</p>
<b>Friday 26/10</b>	<p><b>Healthy Smiles</b> Dental Talk plus Free Oral Health Screening for preschool age Children. 10-10.15am: Talk   10.15-11.30 am: Screening 11.30-11.45am: Talk   11.45-1.00pm: Screening</p>	<p><b>All you need to know about the NDIS?</b> Presentation by the National Disability Insurance Agency. 1.00-2.00pm</p>