



# Age well

with Access Health and Community

**Stay healthy and happy at every life stage with affordable health services for your mind and body.**

Call **03 9810 3000** to book an appointment today or visit **[accesshc.org.au](https://accesshc.org.au)** to learn more.



**ACCESS**  
Health & Community



## **Alcohol & Other Drugs Support**

We support recovery and help reduce the harm of alcohol, medication or other drug use.



## **Audiology**

Our audiologist provides hearing and listening services, including hearing aid fittings.



## **Carer Respite**

Eligible carers can access affordable in-home or centre-based programs for their loved one, including social support and wellbeing activities.



## **Diabetes Care Clinic**

Our specialist diabetes nurse educators show you how to self-manage this condition, and offer a wide range of support services.



## **Dental Care**

Our dental team provides everything from check-ups, cleans and fillings to dentures, tooth whitening and more.



## **Medical & Nursing**

We offer a full range of general practice medical services. Our practice nurses assist with minor surgical procedures, illnesses or injuries.



**myagedcare**

## **My Aged Care**

We provide aged care services under this government program, including nursing and group exercise classes.



## **Nutrition & Dietetics**

Our nutritionists and dietitians offer positive and non-judgemental services for people seeking support with food, eating, health and wellbeing.



## **Occupational Therapy**

Our therapists provide home-based assistance for people experiencing difficulties with daily activities.



## **Podiatry**

Our podiatrists diagnose and treat a range of foot and lower limb conditions — from skin and nail problems to arthritis and deformities.



## **Physiotherapy**

We treat new injuries, chronic and progressive conditions, and disabilities in clinic or in your home.



## **Psychology**

Our mental health team helps you and your family address personal concerns or mental health issues.



## **Volunteer Transport**

If you're unable to access transport for any reason, our friendly volunteers can drive you to medical appointments and activities.

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**ACCESS**  
Health & Community

Building healthier lives  
together with our  
communities and  
delivering excellent  
health services for all.