

Access Health and Community was founded over 150 years ago.

We connect people in Melbourne's Eastern suburbs to the healthcare and support they need.

Our health services and community programs are designed for people of all backgrounds and income levels.

Visit accesshc.org.au to discover more.



Access health services

Our services are provided by a team of passionate health professionals.

Alcohol & Other Drugs Services

We work with adults, young people and families to support recovery and help reduce the harm of alcohol, medication or other drug use.

Audiology

Our audiologist provides hearing and listening services for adults and children, including hearing aid fittings.

Child & Family Services

We assist with a wide range of childhood developmental concerns & disabilities. Care is tailored to suit the needs of each child and family situation.

Doctors & Nurses

Doctors work alongside our nursing team to provide complete medical care. Telehealth appointments are available.

Dental Care

Our dental team delivers a wide range of services – from check-ups, cleans and fillings to dentures, tooth whitening and more.

Diabetes Education & Support

Our diabetes nurse educators teach people how to manage all aspects of diabetes, including glucose testing and medication use. Our specialist Type 2 diabetes service helps people stay well.

Eczema Workshops

Dermatology nurses from The Royal Children's Hospital Eczema Clinic run family education workshops at our Hawthorn site.

Exercise Physiology

Our exercise physiologist uses exercise, education and lifestyle changes to help people with health conditions or chronic diseases reduce health complications and improve strength, fitness and mood.



headspace

headspace provides youth mental health support for people aged 12 - 25 years. We can help with physical health, work or study support, and more.

Health Promotion

Our dedicated team undertakes activities that empower people in our community to choose healthy behaviours.

Medication Support & Recovery Service

This treatment service helps people who have problems with prescription or over-the-counter medications.

Mental Health Services

Our mental health team provides counselling, nursing, peer support, group programs and care coordination for a range of mental health concerns.



My Aged Care

We provide aged care services under the government's My Aged Care program, including nursing and group exercise classes.



NDIS Services

We provide adults and children on the National Disability Insurance Scheme with the health services and group programs they need.

Nutrition & Dietetics

Our dietitians provide nutrition education and support to help people to make healthy food choices to manage their health.

Occupational Therapy

Our therapists provide home-based assistance to people experiencing difficulties with daily activities.

Physiotherapy

Our physiotherapists treat new injuries, chronic and progressive conditions, and disabilities. Treatment can be provided in clinic or in your home.

Podiatry

Our podiatrists diagnose and treat a range of foot problems, from skin and nail conditions to arthritis and diabetes, and can give footwear advice.

Speech Pathology

































Our speech pathologists diagnose and treat adults and children who have communication and/or swallowing difficulties.

Volunteer Transport











If you're unable to access transport for any reason, our friendly volunteers can drive you to medical appointments and activities.

Access health and community services near you

List of services & locations

Alcohol & Other Drugs Support 	NDIS Services 
Audiology 	Needle & Syringe Program 
Carers Respite 	Nursing 
Child & Family Services 	Nutrition & Dietetics 
Mental Health Services 	Occupational Therapy 
Dental 	Osteoarthritis of Hip & Knee Service 
Diabetes Education & Support 	Pathology 
Early Childhood Intervention 	Peer Support Services 
Eczema Clinic 	Physiotherapy & Exercise Groups 
Exercise Physiology 	Podiatry 
Education & Training Support 	Sexual Health Services 
Health Promotion 	Social Activity Groups 
Housing Support 	Speech Pathology 
Mental Health Nursing 	Steps Mental Health Services 
Medical Doctors 	Volunteer Transport 
Medication Support & Recovery Service 	Youth Early Psychosis Services 

Legend

-  **Richmond (Head Office)**
-  **Hawthorn**
-  **Doncaster East**
-  **Greythorn**
-  **Lower Templestowe**
-  **Ringwood**
-  **Box Hill**
-  **Ashburton**
-  **headspace Hawthorn**
-  **Home Care**

View full addresses on next page >



Let us connect you
to the right service:

Call **9810 3000** or
visit **accesshc.org.au** to
book your appointment
online.

MC2 Manningham City Square Community Centre

- Community gym program
- Exercise groups

Manningham Men's Shed

- Woodwork, electronics, and mechanics projects
- Socialising activities

Hawthorn Community House

- Children's programs
- Community programs
- General interest courses
- Health and fitness courses
- Special events
- Evening courses (Henry Street only)

Camcare

- Community Information & referral
- Counselling
- Emergency relief
- Family Violence Victims Survivor group
- Integrated family services with outreach workers
- Monthly community barbecue
- New mothers' group
- Parenting outreach support workers
- Parenting education groups



ACCESS
Health & Community

LT Lower Templestowe
44 Balmoral Avenue
Lower Templestowe VIC 3107

**MC2 Manningham City Square
Community Centre**
687 Doncaster Road
Doncaster VIC 3108

Manningham Men's Shed
41 Wetherby Road
Doncaster East VIC 3109
mensshed.org

D Doncaster East
1/1020 Doncaster Road
Doncaster East VIC 3109

G Greythorn
2 Centre Way
Balwyn North VIC 3104

RW Ringwood
33 Warrandyte Road
Ringwood VIC 3134

B Box Hill
10 Rose Street
Box Hill VIC 3128

Camcare
51 St Johns Ave
Camberwell VIC 3124
camcare.org.au

Camcare
4 Y Street
Ashburton VIC 3147
camcare.org.au

A Ashburton
7 Samarinda Avenue
Ashburton VIC 3147

Hawthorn Community House
32 Henry Street
Hawthorn VIC 3122
(03) 9819 2629
hch.org.au

Hawthorn Community House
584-586 Glenferrie Road
Hawthorn VIC 3122
hch.org.au

hs headspace Hawthorn
Hawthorn Town Hall
1/360 Burwood Road
Hawthorn VIC 3122
headspace.org.au/headspace-centres/hawthorn/

H Hawthorn
378 Burwood Road
Hawthorn VIC 3122

R Richmond (Head Office)
283 Church Street
Richmond VIC 3121

15
sites across
the Inner East
of Melbourne

Access **community support**

Connect to neighbourhood houses and social groups that support your wellbeing.



Camcare

🌐 camcare.org.au

📞 9831 1900

This life-changing organisation assists Boroondara locals facing personal and financial hardship.



Men's Shed

🌐 mensshed.org

📞 9840 1681

This community group enables men in the Manningham area to socialise, learn and pass on new skills.



Hawthorn Community House

🌐 hch.org.au

📞 9819 2629

Visit this friendly neighbourhood house for affordable classes, workshops, and events.



Carer Support

🌐 accesshc.org.au

📞 9810 3000

Eligible carers can access fun and affordable in-home or centre-based programs for their loved one, including social support and wellbeing activities.



Trentwood at The Hub

🌐 trentwood.org.au

📞 9006 6590

Attend fun, educational programs and classes in a welcoming learning environment.



Let us connect you to the right service:

Call **9810 3000** or visit **accesshc.org.au** to book your appointment online.

Building healthier lives together with our communities and delivering excellent health services for all.

