



Expression of Interest

Attract, support & maintain diverse membership at your club post COVID-19. Encourage participation and leadership from people no matter their age, gender, sexuality, race, faith or ability to take part in sport.

To join, click the link to complete the Expression of Interest form:

https://www.surveymonkey.com/r/ZSFZ2VH

The Project

Access Health and Community is seeking Expressions of Interest (EOI) from sport and recreation clubs in Boroondara and Manningham to attend six free two hour workshops. These workshops aim to build the knowledge and skills of club officials to make clubs more inclusive by creating safe, equal and respectful environments for all members, particularly women and girls.

We are working with the City of Boroondara, Manningham Council and Women's Health East. Workshops will be led by Leisure Networks, who are industry leaders in club development. They work with all types of community sporting clubs, leagues, associations and state sporting bodies, supporting them with tailored programs and resources.

Participants will learn practical strategies to promote inclusion, and we will show you the benefits for clubs in creating more welcoming environments. Clubs will also learn skills for COVID recovery in a sustainable way. In turn, this will help to increase female participation and retention rates for their club at all levels.

Expressions of Interest close Monday 21 December at midnight.

What your club will get out of the program

Your club will benefit from:

- Practical training, with strategies to increase their inclusivity
- Sustainability measures for COVID-19 recovery
- Learnings from other club officials
- Access to high quality templates and resources
- A comprehensive inclusion assessment of your club's culture, systems and policies
- Support to develop an inclusion plan
- A dedicated Health Promotion Practitioner to help your implement actions in your inclusion plan.

How we work with you:

Understand the needs of your club and its local community.

Suggest evidence-based ways to address needs identified.

Work with you to develop a tailored inclusion plan

Assist your club to implement actions.

Measure and celebrate successes

What we need from you:

You will agree to be an advocate and club role model for inclusion and in particular supporting female participation at your club, both on and off the field. Participating clubs must commit to:

- Providing at least two club representatives at every workshop (with at least one being a committee member)
- Active participation at every workshop
- Completing an inclusion assessment and a tailored inclusion plan to implement actions involved over a 12-24 month period following, with our support.

Throughout the workshops, clubs will be given key information and assistance in developing inclusion plans. As a workshop attendee, you will share your learnings with your committee for further discussion and implementation.

Workshops

The six workshops will cover:

1. Change in your club

Creating leaders and understanding change management.

2. Leading your club

Developing good policies and healthy governance.

3. Understanding your club culture (part 1)

Tackling emerging issues of healthy masculinity, female participation and LGBTQIA+ participation.

4. Understanding your club culture (part 2)

Tackling emerging issues of disability inclusion, mental health and cultural diversity.

5. Growing your club

Looking at how to attract new members and maintain participation post COVID-19, advertising (including social media), and how to be a financially sustainable club.

6. What's next for your club?

A time to celebrate the journey and look ahead to what's next.

Where and when?

- Workshops to commence from February 2021.
- Workshops will be held in a central location for participants in Boroondara and Manningham.
- Inclusion plans will be developed within an agreed timeframe during March 2021.
- Assistance to implement actions is available up until June 2022

Free to join

There are no costs associated with participating in the Inclusive Clubs workshops. This is a partnership between AccessHC, City of Boroondara, Manningham Council and Women's Health East. There may be costs associated with implementing actions within the inclusion plan. Assistance can be provided to assist clubs apply for grants to meet these costs.

How to join

Expression of Interest can be made by completing the online form at: https://www.surveymonkey.com/r/ZSFZ2VH

- Expressions of Interest close Monday 21 December at midnight.
- All EOI's will be assessed by a selection panel from AccessHC, City of Boroondara, City of Manningham and Women's Health East.
- A phone discussion may be required with representatives to clarify expectations for the project.
- EOI will be assessed according to their demonstrated commitment and alignment to the Principles within the relevant Council's Sport and Recreation Strategy
 - The Boroondara Sport and Recreation Strategy can be downloaded from Council's website: www.boroondara.vic.gov.au/about-council/council-administration/policies-plans-and-strategies
 - The Manningham Recreation Strategy can be downloaded from Council's website: www.manningham.vic.gov.au/file/1551
- If you require a hard copy of the EOI, please contact health.promotion@accesshc.org.au

More Information

For more information about the Inclusive Clubs project

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The Inclusive Clubs project is a partnership between the following organisations:











