

Connected, Active & Healthier Inner East Melbourne

A partnership approach to
Community Health - Health Promotion
2021-2025

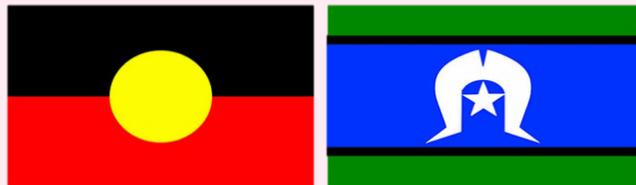
Four Year Report 2021-2025
Annual Report 2024-2025



Acknowledgement of Country

The partnership acknowledges the Wurundjeri Woiwurrung people, upon whose lands our community lives, works, plays and studies.

We pay our respects to Elders past, present and future. We affirm that sovereignty was never ceded and that colonialism and racism continue to impact on the lives of Aboriginal and Torres Strait Islander people. We recognise and value the knowledge and wisdom of people with lived experience and celebrate their courage and strengths in facing the challenges associated with healing. We acknowledge the important contributions they make to the delivery of health and community services and initiatives and we express our commitment to reconciliation.



Prevention in Partnership: Scaling What Works, Together

In 2024–2025, the Inner East Prevention Partnership focused on streamlining and scaling our work to deepen impact and strengthen integration. With the shift toward the majority of activity focused in key priority areas, we consolidated initiatives and settings, enabling more cohesive, catchment-wide action across the Inner East.

This year saw greater practitioner leadership and autonomy, supported by strong partnership structures and a growing culture of trust, collaboration, and shared learning. Cross-agency practitioner teams trialled new engagement models, including student-led approaches in settings where additional support was needed to enable participation, while co-working and cross-site collaboration helped reinforce a shared team identity.

We continued to build a more integrated partnership, including through a shared investment model that enabled joint planning and internal resource allocation across all agencies. At the same time, we began transitioning some initiatives to community-led delivery, creating space to focus on emerging priorities.

The broader prevention landscape also shifted this year, with one of our partner agencies undergoing a significant merger. While structural changes will take effect in the next cycle, we acknowledge the resilience and care demonstrated by the partnership and workforce throughout this period of change.

Looking ahead, we are proud to be contributing to the development of a shared strategic plan for CHHP-funded agencies across the Eastern Metro Region (2025–2029). Locally, we will continue to deliver a shared operational plan, now welcoming the Access Health and Community (AccessHC) Outer Metro Team into the partnership, with renewed focus on systems strengthening, scale, and impact.

We remain deeply grateful for the shared values, commitment and safe-to-learn culture that has underpinned our work, and for the practitioners whose dedication has made this year's achievements possible.

Access Health and Community

Anna Robinson
CEO

healthAbility

Agata Jarbin
CEO

Link Health and Community

Paul Ostrowski
CEO



Executive Summary

A prevention partnership achieving impact at scale

We are pleased to present the Inner East Prevention Partnership report – 2021-25 Strategic cycle and 2024-25 annual report. This report marks the conclusion of *the Partnership's* four-year strategic cycle (2021–2025) and 2024–25 annual action plan.

Guided by our vision of a connected, active and healthier Inner East, *the Partnership* has applied a systems thinking and settings-based approach to health promotion. Over the past four years, we've delivered meaningful, scalable change, supporting policy, practice and environment improvements across sports and recreation, early years and education settings. We have strengthened our alignment with Community Health and Health Promotion (CHHP) program guidelines. This included refining settings and full alignment with health priority areas of healthy eating, active living, and tobacco and e-cigarettes.

So to, the operation of *The Partnership*, has evolved over time. We continue to move from collaboration to integration, with all of our lead interventions integrated in our final year. In 2024–25, we delivered 14 initiatives across Sports and Recreation, Early in Life and Education settings.

The Partnership is scaling successful initiatives and saturating settings across the entire catchment, achieving impact at scale. Successful initiatives which have been scaled-out include:

- Achievement Program (AP) in Early Childhood Services
- Cook's Network (supporting implementation of Menu Planning Guidelines)
- Climate and Health Pathway grants (supporting implementation of AP)

This will continue into the 2025–2029 cycle, where we aim to deepen our reach and maximise systems change.



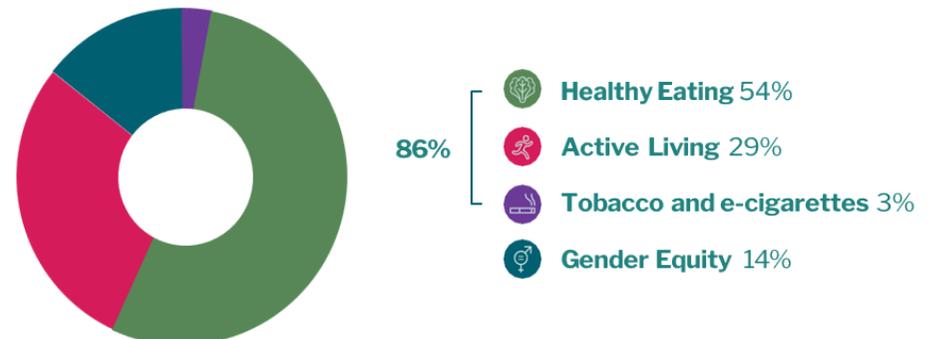
This report documents impact of a partnership approach to Community Health-Health Promotion (CHHP), delivered by *the Partnership*. It includes the following:

- Impact over four years for partnership
- Progress against health equity aspirational target
- Impact over four years by settings, using cumulative data and trend indicators
- Highlights, learning and case studies by setting
- Impact over one year against annual measures

We are pleased to share our progress and reaffirm our commitment to building a connected, active and healthier Inner East.

The Partnership set an aspirational equity target that 50% of the settings actively supported be located in priority areas according to IRSAD score (classified within quintiles 2 and 3) or other equity considerations as identified by partners, stakeholders or community need. Our analysis found we are currently actively supporting 28% settings located in Q2 or Q3 areas. No suburbs within the catchment are Q1.

In 2024-25 we have worked in the following priority areas:



Four Year Achievements

ACHIEVEMENTS 2021-2025

HEALTHY REWARDS
PROGRAM LAUNCHED



COOKS NETWORK
ESTABLISHED AND SCALED



44



SETTINGS WORKING ON
STATEWIDE PROGRAMS

SUNDAY SESSIONS

TRANSITIONED TO
COMMUNITY-LED
MODEL



29 SERVICES REGISTERED
TO ACHIEVEMENT PROGRAM



35 HEALTH PRIORITY AREAS
ACHIEVED



BIG BITES ACHIEVED 10

70 SMALL BITES ACHIEVED



SMALL GRANTS
PROGRAM LAUNCHED



FREE TO BE ME
LAUNCHED ONLINE



REACH 2021-2025





Sport and Recreation



INCREASE HEALTH AND WELLBEING OUTCOMES THROUGH SPORTS CLUBS, LEAGUES & RECREATION

Annual highlights

27
BASELINE ASSESSMENTS CONDUCTED



21
CLUBS AND REC CENTRES REGISTERED TO VKEW OR HEALTHY CHOICES

12
CLUBS RECEIVED GRANTS OR INCENTIVES

69
SMALL BITES ACHIEVED

3
BIG BITES ACHIEVED

66
SMALL STEPS ACHIEVED

8
RECREATION CENTRES SUPPORTED WITH HEALTHY CHOICES GUIDELINES

Momentum in the sport and recreation setting grew significantly in 2024–2025, with **21 new clubs** and centres engaged in statewide healthy eating initiatives. The Partnership’s consolidated, catchment-wide approach enabled stronger reach and impact, with a total of **30 new settings** actively supported across all initiatives, reaching an estimated **18,145 members**. Progress is also underway to transition Sunday Sessions to a more sustainable community-led model, and explore alternative delivery models for Inclusive Clubs for longer-term viability.

OBJECTIVE	4-YEAR MEASURES	4-YEAR	ANNUAL	COMMENTS
Increase availability, accessibility and promotion of healthy food and drink options	# of settings with at least 50% GREEN food/drink options	0	0	Working towards this outcome
	# settings registered to VKEW or HCGs	35	20	35 settings engaged across four years in healthy eating
	# small bites achieved	89	69	Tailored engagement strategies, including seasonal timing, small grants, and shared communications, supported stronger club participation and partnership ownership over four years.
Increase participation in physical activity through improving intersectional gender equity	# big bites achieved	10	3	supported stronger club participation and partnership ownership over four years.
	# settings actively increasing participation from target cohorts (including women and girls)	12	5	Small incentives resourced equipment, community events and development pathways for women and girls in sport.
Increase number of clubs, leagues and recreation facilities committed to improving health and wellbeing	# of clubs, leagues and recreation facilities actively supported.	62	30	The increase in settings supported over four years reflects a safe to learn culture encouraging trialing different and innovative engagement.

INITIATIVES

- Sunday Sessions
 - Inclusive Clubs
 - Vic Kids Eat Well (VKEW)
 - Healthy Choices Guidelines
 - Food for Thought
 - Healthy Sports Rewards
-

LEARNINGS & INSIGHTS

- Financial incentives played a key role in supporting clubs to implement Vic Kids Eat Well initiatives, leading to increased uptake and early signs of more sustainable changes.
- Targeted, seasonal engagement, including direct outreach, was more effective than broad communications in engaging volunteer-run sporting clubs.
- Council staff remain critical enablers in progressing healthy eating within recreation centres; the individual willingness and capacity of contacts can significantly influence outcomes.
- Council tenders and contracts with leisure providers present important leverage points for embedding Healthy Choices Guidelines, though implementation is complex — especially where existing supply agreements (e.g. with large distributors) limit opportunities for change.
- Student placements contributed meaningfully to workforce development and supported the creation of tailored resources, and resourced strategic communications.

FUELING CHANGE AT WAVERLEY HOCKEY CLUB



With targeted funding and support, Waverley Hockey Club embraced Vic Kids Eat Well and transformed its food environment in only six weeks.

Vic Kids Eat Well is a statewide movement that aims to create nourishing, inclusive, and sustainable food and drink environments in the places where children live, learn, and play. Recognising the influence that sporting environments have on children's health and wellbeing, the Inner East Prevention Partnership has worked to engage local sporting clubs in the initiative.

Sporting clubs are largely volunteer-run and juggle multiple competing priorities, making engagement a challenge. After trialling different communication approaches, we realised that incentives and tailored support were key to success.

To address this, we launched the *Eat Well, Play Well Fund*, offering grants to encourage club participation. The response was overwhelmingly positive, with Waverley Hockey Club standing out. In just six weeks, the club completed all four Vic Kids Eat Well "big bites", a remarkable outcome.

The grant supported the club to introduce ten new delicious food options, including hummus and carrot sticks, pasta salads, toasties, fried rice, and fruit cups. They also partnered with a local butcher to source new hot dogs, introducing a high-quality and community-focused alternative.

VKEW-branded "team contribution" vouchers were created to reward players with the new food options, promoting healthy eating in a fun, engaging way.

This effort has had wider impacts. "Our canteen has improved so much this year that Hockey Victoria has given us two days of junior grand finals and one day of senior preliminary finals, it's amazing," said Bronwyn Maddock, the club's Operations Director.

This success story has not only inspired other clubs, but has also strengthened our efforts in the sporting club space. From no initial uptake to one of our clubs being automatically entered into the Vic Kids Eat Well awards and featured on the program's website, progress has been substantial.



Early in life



INCREASE HEALTH AND WELLBEING OUTCOMES OF CHILDREN, FAMILIES & STAFF IN EARLY YEARS SERVICES

Annual highlights

35 SERVICES SUPPORTED REACHING **~2700** CHILDREN

5 NEW SERVICES REGISTERED TO THE **ACHIEVEMENT PROGRAM**

9 HEALTH PRIORITY AREAS **ACHIEVED**

18 SERVICES SUPPORTED WITH **MENU PLANNING GUIDELINES**

5 NEW SERVICES REGISTERED TO **FREE TO BE ME**

8 SERVICES SUPPORTED WITH **CLIMATE AND HEALTH GRANTS**

SUCCESSFUL COOKS' NETWORK READY FOR SCALING-OUT

This setting continued to grow in 2024-25. *The Partnership* increased engagement and have built strong relationships with early years services across the catchment. The number of initiatives reduced from the previous year, from five to four. The reduction in initiatives allowed *The Partnership* to concentrate our expertise and resources to achieve more change, impact and reach through the remaining programs. In total, **43 settings** were actively supported with a direct reach of **2714 children**, and an estimated extended reach of **8,700 early years staff, children and their families**.

OBJECTIVE	4-YEAR MEASURES	4-YEAR	ANNUAL	COMMENTS
Increase number of early years services committed to improving health and wellbeing	# services actively supported	43	10	43 services supported across 4 initiatives.
Increase access to and promotion of healthy food & drink options and decrease availability, accessibility and promotion of discretionary food & drink in early years services	# of early years services supported to meet the menu planning guidelines	18	2	The Cooks' Network successfully engaged and supported services to meeting menu planning guidelines and the AP healthy eating (and oral health) Health Priority Area (HPA).
	# healthy eating & oral health HPA achieved	7	1	2 services compliant with menu planning guidelines.
Increase the capacity of staff at early years services to prepare and provide healthy food and drink options	# early years services engaged in capacity building activities	22	18	22 Services attended Cooks Network. 100% indicated they would implement one strategy to provide and promote healthy food.
Increase opportunities for children and staff at early years services to engage in physical activity	# of early years services with Achievement Program physical activity health priority area achieved	5	1	The Partnership has prioritized supporting services to meet Healthy Eating and Oral Health HPA
Increase capacity to deliver healthy eating, active living programs.	# of INFANT program groups established by CHHP	2	0	Monash INFANT partnership ceased. INFANT messaging incorporated into Monash supported play groups.

INITIATIVES

- Achievement Program (including Climate Pathway grants)
 - Menu Planning Guidelines
 - Free to Be Me (F2BM)
 - Cooks' Network
A network approach to increasing reach to, and capacity of Early Years Cooks to meet the Menu Planning Guidelines.
-

LEARNINGS & INSIGHTS

- A network approach to engaging and supporting early years services has been successful. Early years services welcome the opportunity to connect and share, and it's a good investment in resources for *The Partnership* to efficiently and effectively create change.
- Building on success, the Achievement Program (including Climate Pathway grants) has been scaled-out across whole catchment in 2024/25. Cook's Network will be scaled in 2025/26.

GROWING HEALTHY FUTURES: PROMOTING CLIMATE HEALTH IN EARLY YEARS SERVICES

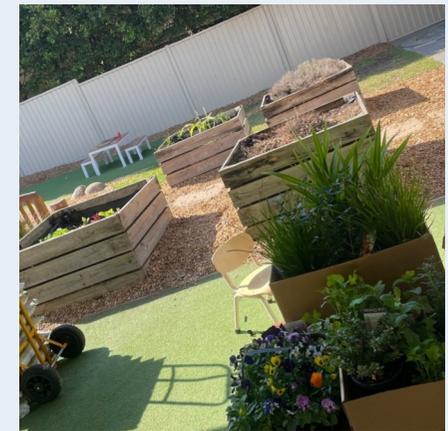


Empowering early years services in Melbourne's inner east to lead the way in health and wellbeing using a climate lens.

In 2024, the Inner East Prevention Partnership developed a grant initiative to promote the Climate and Health Pathway of the Achievement Program in early years services across the Monash local government area. The health promotion team supported services in making changes, with a focus on environmental sustainability and climate action, leading to co-benefits for health and wellbeing.

The first round of \$1000 grants engaged ten early years services, providing funding and support to implement climate health initiatives and obtain additional resources, with a particular focus on food environment change. Examples of some of the impacts of this initiative include:

- Establishing and expanding kitchen garden programs whilst promoting active play
- Creating a community garden with produce available to families
- Supplying child-friendly gardening tools to help children tend to the kitchen garden
- Implementing a sustainable watering system for vegetable gardens
- Establishing a chicken coop to supply eggs
- Providing books and educational resources to promote nourishing, inclusive and sustainable food environments for children



The benefits of the grant initiative also included encouraging services to register for the Achievement Program and supporting their progress toward meeting key health priority areas. One service was able to achieve the Healthy Eating and Oral Health priority with the support of the grant.

Following the program's success, in 2025 the IEPP scaled the initiative and have offered another round of grants across the Boroondara, Manningham, Monash, and Whitehorse local government areas. Using the Socio-Economic Indexes for Areas (SEIFA), an equity lens was applied to recruitment by targeting services within areas of socio-economic disadvantage. The program is now supporting an additional eight early years services to implement climate health actions and create positive change within their service.



Education



EDUCATION PLACES IN THE INNER EAST PROVIDE HEALTHY ENVIRONMENTS

Annual highlights



4 SCHOOLS
DELIVERING VKEW

9 SMALL BITES
ACHIEVED



1 OSHC
RECEIVED

ADVANCED STANDING

19 STUDENTS
PARTICIPATED IN
LEADERSHIP
WORKSHOPS



7

CAPACITY BUILDING
ACTIVITIES DELIVERED

This year, resourcing within the Education setting has been invested in engaging and strengthening relationships with schools across the Inner East, using an equity approach to prioritise engagement with schools that are more hardly reached. A student-led initiative was developed to achieve Vic Kids Eat Well outcomes, whilst remaining adaptative and responsive to school needs and priorities. This initiative is being piloted with the aim to scale for increased reach and impact. In total, **5 settings**, including 1 Out of School Hours Care (OSHC) service were actively supported with a direct reach of **4,160 staff and students**.

OBJECTIVE	4-YEAR MEASURES	4-YEAR	ANNUAL	COMMENTS
Embedded policies and actions to improve student and staff wellbeing	# of schools committed to implement a whole of place approach	19	2	19 schools were engaged in various initiatives from 2021-25 including VKEW, Student Leadership Project and Spaces and Play Leader Project.
	# of OSHC committed to implementing a whole of place approach	15	1	Resources were reallocated to prioritise supporting schools rather than OSHC services for greater impact.
	# of policies with commitments to gender equity, health and wellbeing	0		Policy change within schools require strong partnerships developed over time.
Increased understanding and capacity to improve health and wellbeing	# of health and wellbeing actions implemented in education			
		45	16	A variety of health and wellbeing actions including capacity building activities for students and teachers have supported change and achievement of VKEW small bites.

INITIATIVES

- Vic Kids Eat Well
 - Student Leadership Project
A student-led pilot project that involves a series of workshops and activities that empower students to make meaningful changes to their school's food environment
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LEARNINGS & INSIGHTS

- Schools are more inclined to engage and commit to preventative health initiatives that align with school curriculum, in particular initiatives that support student voice, agency and leadership.
- It is important to balance the need to support schools that are under-resourced and have multiple competing priorities with designing initiatives that will be sustainable within current resourcing and have maximum impact and reach i.e. limiting classroom-based workshops or taking a network approach or targeting clusters of schools.

INSPIRING CHANGE THROUGH STUDENT LEADERSHIP

The Student Leadership Project provides opportunity for schools to make meaningful changes to their food environment



A healthy school environment is important for students' learning, development and wellbeing. All Victorian Government schools are expected to follow policy guidelines from the Department of Education. The Vic Kids Eats Well initiative (delivered in partnership by Cancer Council Victoria and National Nutrition Foundation), breaks down these policies into small, simple components. Recognising the challenges schools face in engaging in extracurricular initiatives, The Inner East Prevention Partnership (IEPP) (Access Health and Community, healthAbility and Link Health and Community) have developed "The Student Leadership Project".

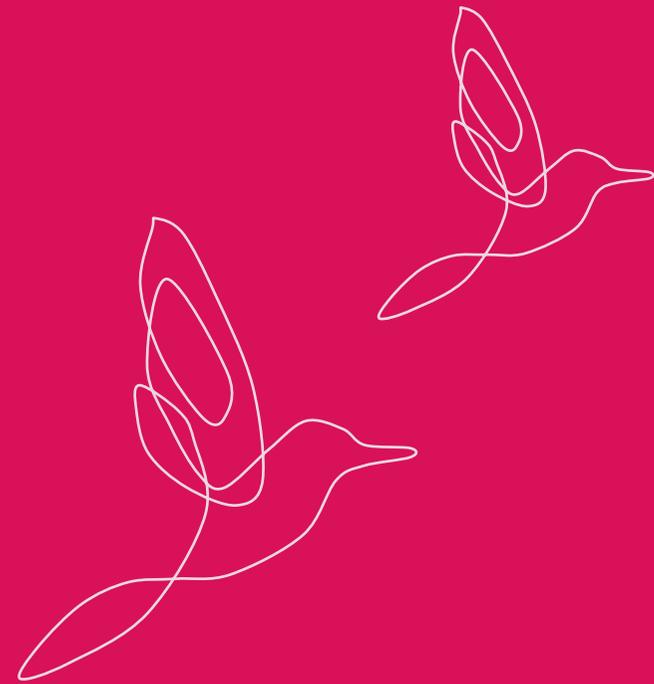
Using size-inclusive principles, the Student Leadership Project involves a series of workshops and activities that empower participants to make meaningful changes to their school's food environment. The project builds students' leadership, advocacy and action planning skills, enabling them to complete an assessment of their school's food environment and identify areas of improvement. Participants are then asked to select one idea to implement, that helps them achieve bites within the Vic Kids Eat Well initiative.

Three secondary schools commenced the pilot in May 2025. A thorough project evaluation will be completed at the end of 2025 to determine the impact of the student-led delivery method and its feasibility for scale.

Empowering students to use their leadership skills and voice to advocate for change, can have a meaningful impact on individuals and the community alike. Let's support and listen to our young people to create health promoting environments where they can thrive and feel valued.

Appendix - Annual Measures 2024-25

Achieving outcomes across the prevention system





Community Health creating change across the prevention system

Sport and Recreation Annual Measures

1 – YEAR CHANGE STATEMENT	1 – YEAR ACTIVITIES	ANNUAL MEASURES	OUTCOME
CONTEXT			
1.1 Clubs, recreation facilities and other stakeholders are engaged and consulted to understand and inform what support and opportunities will create lasting change.	Consult with previous, current and new sport and recreation settings to inform and support health and wellbeing initiatives.	# Settings consulted	38 settings consulted
	Consult with stakeholders about marketing and sponsorship in sports clubs (Food For Thought)	# Settings consulted	4 Councils consulted
	Scoping report recommendations inform the delivery model of the Inclusive Clubs program.	# Programs support Fair Access Policy Roadmap Delivery model of Inclusive Clubs Program update— yes/no	1 program (Inclusive Clubs) supports Fair Access Policy Roadmap No
2.1 Clubs and recreation facilities use assessment tools to understand gaps and opportunities.	Complete baseline assessments with clubs, leagues and recreation facilities.	# Baseline assessments conducted	25 baseline assessments conducted
POLICY AND PRACTICE			
3.1 Clubs and recreation facilities adapt or develop strategic plans or action plans to embed health and wellbeing.	Register sporting clubs to Vic Kids Eat Well	# Settings registered to Vic Kids Eat Well	15 settings registered to Vic Kids Eat Well
	Support recreation centres to register for Vic Kids Eat Well or commit to implementing Healthy Choices Guidelines (HcG)	# Settings registered to Vic Kids Eat Well	1 setting registered to Vic Kids Eat Well
		# Settings committed to HcG	5 settings committed to HcG
	Support partners to formalise commitment to prevention initiatives through signed agreements (e.g. Sunday Sessions and Inclusive Clubs).	# Settings sign agreement	0 settings signed agreements Sunday Sessions is transitioning to a community-led initiative
Support partners to embed prevention initiatives into strategic and Municipal Public Health and Wellbeing Plans e.g. Sunday Sessions and Inclusive Clubs).	# Strategic plans updated	1 strategic plan updated	

1 – YEAR CHANGE STATEMENT	1 - YEAR ACTIVITIES	ANNUAL MEASURES	OUTCOME
POLICY AND PRACTICE			
3.2 Council create/strengthen policies to promote healthy sponsorship.	Develop and promote advocacy campaign to create a “demand” for change	# Advocacy strategies undertaken	1 advocacy strategies undertaken
		# Councils create or strengthen policies	0 Councils created or strengthened policies
COMPONENTS			
4.1 Clubs and recreation facilities deliver health promotion interventions.	Implement Vic Kids Eat Well in sporting clubs	# Settings actively supported	9 clubs actively supported
		# Small bites achieved	22 small bites achieved
		# Big bites achieved	0 big bites achieved
		# People reached	3,304 people reached
	Implement Healthy Choices guidelines and/or Vic Kids Eat Well in recreation settings	# Settings actively supported	3 settings actively supported
		# Small bites achieved	20 small bites achieved
		# Big bites achieved	3 big bites achieved
		# People reached	17,892 people reached
Deliver Sunday Sessions project	# Settings actively supported	9 settings actively supported	
	# People reached	868 people reached	
4.2 Sporting clubs, recreation facilities and other stakeholders have increased capacity to improve health and wellbeing.	Deliver Inclusive Clubs webinar and in-person workshops to support whole of place change.	# Settings actively supported	5 clubs actively supported
		# Small steps achieved	30 small steps achieved
		# Big steps achieved	0 big steps achieved
		# People reached	2, 525 people reached
Deliver workshop with council partners to inform and develop healthy sponsorship advocacy campaign (Food For Thought)	# Settings (councils) actively supported	0 Councils actively supported	
	# Changes to Council policy, practice, procedure	0 changes to Council policy, practice, procedure This initiative has been adapted to support and promote advocacy lead by other prevention partners.	
Deliver Healthy Sports Rewards program to support clubs to provide rewards that align with their values.	# Settings actively supported	5 settings actively supported	
	# Healthy rewards distributed	51 healthy rewards distributed	

1 – YEAR CHANGE STATEMENT	1 - YEAR ACTIVITIES	ANNUAL MEASURES	OUTCOME
PARTNERSHIPS AND ENGAGEMENT			
5.1 Relevant partnerships are identified and/or strengthened to support healthy clubs, leagues and recreation facilities.	Strengthen partnerships with peak bodies and local organisations to continue work in sport and recreation facilities (Inclusive Clubs, Sunday Sessions, Food for Thought, HcG and VKEW).	# Partnerships maintained # Partnerships developed # Results of VicHealth Analysis Tool	8 partnerships maintained (VicSport Healthy Partnerships in Sport Taskforce, local government partners across Inner East, Outer East and South East). 0 partnerships developed 0 results of VicHealth analysis tool—partnership analysis has not been undertaken because these initiatives are in the process of being adapted or transitioned.
5.1 Relevant partnerships are identified and/or strengthened to support healthy clubs, leagues and recreation facilities.	Engage with local junior sporting league to identify opportunities for partnership.	# Partnerships developed # Interventions/actions delivered in partnership	0 partnerships developed 0 interventions/actions delivered in partnership Prioritised working with individual sporting clubs instead.
FOUNDATIONS AND INFRASTRUCTURE			
6.1 The Partnership contributes to the evidence base.	Submit for publication in peer-reviewed journals and present at conferences	# Contributions to the evidence base	1 contributions to the evidence base
7.1 The Partnerships capacity is increased through external funding opportunities.	Scope and apply for funding opportunities to support delivery of interventions.	# Grants received # In-kind supports provided	0 grants received 0 in-kind supports provided No external funding opportunities identified.
	Explore fee-for-service and other funding and delivery models to support the sustainability of interventions (e.g. Sunday Sessions, Inclusive Clubs).	# Opportunities identified	Market Analysis completed. 2 opportunities identified. Consolidate duplicative initiatives following merger and potential increased investment by councils into Inclusive Clubs (TBC)



Community Health creating change across the prevention system

Early in Life Annual Measures

1 – YEAR CHANGE STATEMENT	1 - YEAR ACTIVITIES	ANNUAL MEASURES	OUTCOME
CONTEXT			
1.1 Early years services and council partners are consulted about health priorities and existing strategies	Early years services complete F2BM pre and post surveys	# F2BM pre and post surveys completed	6 service surveys completed 62 F2BM pre surveys completed 15 F2BM post surveys completed
	Early years services complete F2BM pilot assessments	# F2BM assessment tools completed	2 GEA tools completed
	Early years services complete baseline menu assessment on FoodChecker	# Baseline menu assessments completed	1 baseline menu assessment completed
	Early years services complete AP baseline assessments	# Baseline assessments completed for the AP	2 baseline assessments completed for the AP
POLICY AND PRACTICE			
2.1 Early years services are supported to commit to action plans and policy changes that embed health and wellbeing.	Register early years services for: <ul style="list-style-type: none"> Achievement Program F2BM online pilot program 	# Places/services registered to initiatives	29 services registered to AP (5 new services) 10 services registered to F2BM (5 new services)
	Support early years services to create or update a policy, vision or commitment to health and wellbeing.	# Policies, vision or commitment statements created or updated	9 policies, vision or commitment statements created or updated
	Support early years services to create a quality improvement plan with actions to improve health and wellbeing.	# Quality improvement plans with integrated actions.	0 F2BM quality improvement plans F2BM online program has been delayed due to website issues.
COMPONENTS			
3.1 Early years services are supported to strengthen existing health and wellbeing efforts and implement prevention initiatives that focus on impact at scale and sustainability.	Engage and actively support early years services to implement AP across the Inner East	# Services actively supported # Benchmarks achieved	15 services actively supported with AP 9 HPAs achieved 35 HPAs achieved total
	Support implementation of Menu Planning Guidelines for long daycare services.	# Services actively supported # Menu reassessments # Services compliant with menu planning guidelines for long day care	18 services actively supported with Menu planning guidelines 1 menu reassessment completed 2 services compliant with menu planning guidelines

1 – YEAR CHANGE STATEMENT	1 - YEAR ACTIVITIES	ANNUAL MEASURES	OUTCOME
COMPONENTS			
3.1 Early years services are supported to strengthen existing health and wellbeing efforts and implement prevention initiatives that focus on impact at scale and sustainability.	Pilot the F2BM online program with early years services and educators across the Inner East.	# Services actively supported # Changes to the environment # People reached	10 services actively supported with F2BM 1 change to the environment ~759 people reached
PARTNERSHIPS & ENGAGEMENT			
4.1 Relevant partners are identified and relationships are developed or strengthened to support work towards a whole of place approach for health and wellbeing of early year's services.	Coordinate a catchment-based approach to initiatives delivered in early years (e.g. The Cooks Network).	Results of VicHealth Analysis Tool	n/a
	Actively seek partnerships to support the expansion of CH initiatives (e.g. F2BM)	# Partnerships maintained # Partnerships developed	0 opportunities identified Expansion not possible due to website issues.
FOUNDATIONS & INFRASTRUCTURE			
5.1 Early years services have greater support and resourcing to deliver health promoting initiatives.	Apply for grants to support the expansion of CH initiatives (e.g. F2BM)	# Grants received by Partnership	0 opportunities identified
6.1 The Partnership contributes to the evidence base	Submit for publication in peer-reviewed journals and present at conferences.	# Resources developed or shared # Contributions to the evidence base	Contributed to Cook's Connect by Healthy Eating Advisory Service (HEAS). 0 contribution to the evidence base— F2BM publication delayed as per above.



Community Health creating change across the prevention system

Education Annual Measures

1– YEAR CHANGE STATEMENT	1-YEAR ACTIVITIES	ANNUAL MEASURES	OUTCOMES
CONTEXT			
1.1 Schools use assessment tools to understand strengths, weaknesses and opportunities.	Schools complete Vic Kids Eat Well baseline assessments	# Baseline assessments completed for Vic Kids Eat Well	2 baseline assessments completed for VKEW
POLICY & PRACTICE			
2.1 Schools are supported to develop and commit to action plans and policy changes that embed health and wellbeing within school culture.	Register schools for Vic Kids Eat Well	# Schools registered for Vic Kids Eat Well	2 schools registered for VKEW 1 OSHC registered for VKEW
	Support staff and students to create an action plan, update a policy or commit to health and wellbeing	# Actions plans, policies or commitment statements created or updated	0 action plans, policies or commitment statements created or shared
COMPONENTS			
3.1 The Partnership supports schools registered to prevention initiatives (VKEW)	Actively support schools that sign up for Vic Kids Eat Well	# Schools actively supported with VKEW	4 schools actively supported with VKEW
		# Small bites achieved	1 OSHC actively supported with VKEW
		# Big bites achieved	9 small bites achieved
		# People reached	0 x big bites achieved 4,160 people reached (students and teachers)
PARTNERSHIPS AND ENGAGEMENT			
4.1 Existing partnerships to support prevention initiatives in education setting are strengthened	Leverage partnership with Department of Education to implement statewide initiatives.	# Partnerships maintained Results of VicHealth Analysis Tool	2 Partnerships maintained (Respectful Relationships, RISEC) No partnership analysis completed
FOUNDATIONS AND INFRASTRUCTURE			
5.1 The Partnership builds education settings' capacity in prevention initiatives (e.g. VKEW)	Support education settings to build capacity in prevention (e.g. staff training).	# Capacity building activities delivered	8 capacity building activities have been delivered (information sessions and student leadership workshops)
6.1 The Partnership contributes to the evidence base.	Submit for publication in peer-reviewed journals and present at conferences.	# contributions to the evidence base	0 contributions to the evidence based
		# Resources developed or shared	1 resource developed and shared

Community Health creating change across the prevention system

Support Interventions Annual Measures

SETTINGS	INTERVENTIONS AND ROLE	MEASURES	OUTCOMES
Early in Life	<p>INFANT (Infant Feeding, Active Play and Nutrition)</p> <p>Develop the partnership with local government and evaluate program impact.</p>	<p># Settings implementing initiatives</p> <p># Actions delivered</p> <p># People reached</p>	<p>2 INFANT programs running in Monash INFANT partnership (Monash City Council and Link Health and Community)</p> <p>Monash INFANT Partnership ceased</p> <p>INFANT messaging incorporated into Maternal Child Health and Supported play group messaging.</p>
Education	<p>Spaces and Play Leader Project</p> <p>Evaluate the impact of the program as it is delivered in other catchments</p>	<p># Evaluation reports produced</p> <p># students reached by partners delivering in other catchment</p>	<p>0 evaluation reports produced</p> <p>40 students reached</p>
Community and Council	<p>E-Cigarettes</p> <p>Support e-cigarette initiatives led by local government</p> <p>Strategic alignment</p> <p>Collaborating with regional and catchment partners including Inner East Health Collective (IEHC), local government, community health and women's health services, Community Health Health Promotion Special Initiative Group (CHHPSIG) and North East Public Health Unit (NEPHU).</p> <p>Capacity building</p> <p>Systems Thinking Leadership Community of Practice, sector advocacy including primary prevention, size inclusive practice principles.</p>	<p># Actions delivered</p> <p># People reached</p> <p># Interventions/actions delivered in partnership</p> <p># changes to statewide policy and/or regional practice</p>	<p>1 shared intervention being investigated</p> <p>0 people reached</p> <p>A major milestone this year was convening all CHHP-funded agencies in the Eastern Metro Region — including their CEOs — to begin co-developing a shared strategic plan for 2025–2029</p> <p>This reflects the strength of our regional partnerships, the success of our upwards advocacy, and a growing recognition of the value of prevention at the executive level.</p> <p>0 changes to statewide policy and/or regional practice.</p> <p>Scaling and scalability training delivered to practitioners within the partnership</p> <p>Systems thinking framework shared at NEPHU Population Health Network.</p>
Workplaces	<p>Internal Food Policy</p> <p>Develop organizational policy for endorsement and supporting resources for staff to apply the policy within each individual organisation of The Partnership</p>	<p># Policies developed</p> <p># Resources developed</p>	<p>3 resources developed</p> <p>Policy development within AccessHC was paused due to the merger. Progress will continue in 2025-26</p>