

MOON'S A BALLOON

Community Choir

The choir has been running for about 13 years. We meet every Tuesday during school terms at 7pm. The choir is a supportive, inclusive group that welcomes carers of people living with mental illness and people with mental health issues. Over the years, the continuity of the choir has fostered a very strong, close-knit community. The choir provides safe, inclusive respite for carers in an understanding environment.



- Choir members can request songs that they would like to learn
- It is free for participants
- No auditioning
- Social connection and inclusion
- Carer wellbeing via music and singing

School term 3 dates (*Every Tuesday*):

16 July	6 August	3 Sep
23 July	13 August	10 Sep
30 July	20 August	17 Sep
	27 August	

Time: 7pm onwards

Location: Community room at St Mark's Church, 100 Hodgkinson St, Clifton Hill 3068

Any questions and to RSVP, please contact:

Phone: 8850 4136 **Email:** chuck.cheng@accesshc.org.au

Or, directly contact the choir facilitator:

Alicia Egan **Email:** alicia_egan@hotmail.com

RSVP essential